

COLUMBIA UNIVERSITY EMPLOYEES

MAY ENROLL FOR ONLY \$89.00 PER MONTH

6 MONTH MINIMUM COMMITMENT AND NO INITIATION FEE To join, please visit: http://workfit.nyhrc.com

QUESTIONS OR TO ACTIVATE YOUR COMPLIMENTARY 7 DAY TRIAL CONTACT:

Jensey Cordero - jcordero@nyhrc.com - 212-220-0688

NYHRC offers many amenities and services for our members including:

- Over 600 Weekly Classes
- Squash, Racquetball & Basketball
- · Personal Training

- Seasonal Member Yacht
- State-of-the-ArtEquipment
- Mind-Body Studios
- · Massage Services

- C.O.Bigelow Products
- Saltwater Pools
- · Eucalyptus Infrared Saunas
- · Steam Rooms

- · Whirlpools
- Locker/ Laundry Service
- Access to Club Events & More!

ACCESS TO ALL LOCATIONS

13TH ST. | 21ST ST. | 23RD ST. | 45TH ST. | 50TH ST. | 56TH ST. | 76TH ST. | COOPER SQUARE | WHITEHALL

